

GUITARSHELF · FREE PACK

BLUES IN E

From warm-up to solo in 10 sheets

A complete guitar path, from the first strum to the final turnaround, entirely in the same key so you can progress without spreading yourself thin.

10 sheets · level 1 to 3 · at your own pace

WHY THIS PACK

The ten sheets in this pack follow a single thread: staying in the key of E from start to finish. No new grid or new scale position with every sheet — a single foundation to absorb, that you find again and reuse from one sheet to the next. The order below isn't arbitrary: each sheet builds on what the previous one set up, from the warm-up to the turnaround that loops the blues.

THE 10-SHEET PATH

01	Warm-up — chromatic run on the low E string LEVEL 1 · BLUES	Loosen up the fingers before playing, in the pack's key.
02	Blues in E — strumming pattern LEVEL 1 · BLUES	Lock in a steady strum over 12 bars, before changing any chords.
03	Blues in E — getting started LEVEL 1 · BLUES	The complete blues grid, bar by bar, with the chord fixed on E7.
04	Blues in E — shuffle rhythm LEVEL 2 · BLUES	The real E7-A7-B7 chord changes and the shuffle rhythm that swings.
05	Whole-step bend calibration LEVEL 1 · BLUES	The expressive move that gives blues its signature sound.
06	E minor pentatonic scale — position 1 LEVEL 2 · BLUES	The scale position that underlies every riff and solo in E.
07	Rhythm groove riff — E minor LEVEL 2 · BLUES	A complete riff that combines the grid and the scale into a playable groove.
08	Ending lick — E minor LEVEL 2 · BLUES	A short phrase to punctuate and close a musical phrase.
09	Improvisation — blues in E LEVEL 3 · BLUES	Improvise freely over the grid using the scale already practiced.
10	Blues turnaround — E LEVEL 3 · BLUES	The turnaround that loops the 12 bars and relaunches the tune.

HOW TO USE IT

1. Print the sheets in order, or keep them as a PDF on a tablet near your guitar.
2. One sheet per session is enough: better to replay it for several days than run through all ten at once.
3. Note the date and the tempo reached on the back of each sheet: playing is refined by ear, but progress is measured with a metronome.
4. Once you've gone through all the sheets, the same path exists in other keys on the site to transpose what you've learned.

WHAT IS GUITARSHELF

Guitarshelf is a guitar exercise sheet site, free and with no account to create:

- A catalogue of sheets sorted by style, level (1 to 6) and exercise type (grid, riff, scale, technique...).
- A generator that creates a brand-new exercise sheet on demand, based on chosen criteria.
- A glossary and gear guides to understand the vocabulary and upkeep of the instrument.
- A personal songbook: build your own selection of sheets and export it as a PDF, like this one.

Continue the journey on <https://guitarshelf.com>